

From: "J. Jerrald Hayes" <JHayes@Paradigm-360.com>

Date: August 5, 2005 10:44:01 AM EDT

To: JRyan@Digitech.us, BSpaun@BickBroadcasting.com, Terry Ahern <tahern@askcoachterry.com>

Subject: **The Second Opinion Show**

Regarding the online publishing of this Saturday's The Second Opinion Show after your done editing the broadcast you can FTP the MP3 file to the Show directory according to the following path:

askcoachterry.com/Shows (aka 64.202.191.174/Shows)

We'll name the show broadcasts according to the following convention: SecondOpinion & underscore & Two Digit Month & Two Digit Day & Two Digit Year with .mp3 appended to the end of the file name so the File for this Saturday's show will be named **SecondOpinion_080605.mp3**.

The FTP Information is as follows:

FTP Host: 64.202.191.174

Login In: XXXXXX

Password: XXXXXXXX

Jerrald Hayes
Paradigm-360.com
ParadigmProjects.com
29 Old Deer Park Road
Katonah, NY 10536
914-239-3635

"None of us is as smart as all of us."- Warren Bennis